Potential energy is energy that is stored inside the body or something that is standing still or not moving.

Potential Energy is a car that is not moving.

Kinetic Energy is energy when something is moving and not staying still.

A ball that is bouncing is kinetic Energy

<http://meguiarsonline.com/forums/showthread.php?t=24930>[](http://archive.meguiarsonline.com/forums/photopost/data/755/2AdvClasstemp001.jpg)Potential energy

<http://www.caroltorgan.com/designed-to-run/>  
[](http://www.caroltorgan.com/wp-content/uploads/2009/10/stockxpertcom_id14173411_jpg_d1f7f97d38a16d39df944cca882e5169.jpg) Kinetic Energy because the people in the picture are moving Mechanical Thermal Chemical Electromagnetic Acoustic Nuclear Electrical

Acoustic energy is energy that is transmitted as sound waves. <http://www.hi-tech.com.ua/akustica_hifi/acoustic_energy/acoustic-energy-ae3-mkii-black/>